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You Are a Multi-Dimensional Being

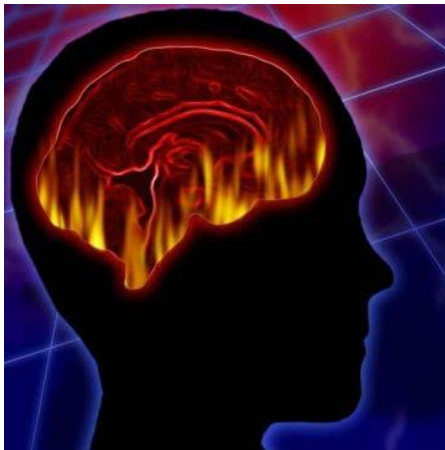
Homo Noeticus and Intuitive Mind-Power

"The most exciting breakthroughs of the 21st Century will occur not because of technology but because of an expanding concept of what it means to be human."

John Naisbitt

The technique you are about to learn is a simple form of mental interactive communication. It is available to all who learn to use it regardless of what talents and abilities they may otherwise have, and regardless of education, age, or religion.

We all think we *understand* communication like [speech](#) and hearing.



However, *Interpretation* of hearing is a form of communication that can vary from person to person. Communication of this kind may just as easily be transmitted from speaker to listener through a short physical space or a long physical space using radio waves or by other devices.

Such long-distance communication may be accompanied by visuals and [body](#) language.

The meaning of any such communication is determined precisely by the interpretation of the individual doing the receiving.

A Spanish radio broadcast may mean nothing to a non-Spanish speaking Scotsman, yet that same speech may render a Spaniard ecstatic with delight. The speech was the same; the difference was the interpretation.

The communication may be audio only in the form of music and such [music](#) may cross the language barriers and be interpreted by all. Such communication, as with speech and pictures, may be frozen and re-released via modern equipment designed for such a purpose.

Smell is a form of communication. If I led you blindfold to a hot [bread](#) shop, the communication of the passing aroma would “speak” to you very clearly, just as a walk around a shopping mall would give a blind or even blindfolded man many different communications.

Communication may well be visual. What we see, whether it is short range or long range, or recorded and reproduced, influences our “interpretation centers” in different ways.

It may be touching, the kiss of a loved one, the trusting hand of a [child](#), the smack of a boxer punching an opponent, all touching sensations.

Each form of communication can be good or bad, happy or sad, friendly or unfriendly, and may have overtones of any feeling that we can think or imagine.

***Emotions are the interpretations
we have when we see, feel, hear, touch,
sense or smell or imagine.***



Close your eyes and visualize a mansion! Depending on where you are now, your *picture* may well be different from the picture visualized by the person sitting next to you.

My picture of a mansion is Buckingham Palace, the official home of the Queen of England, a magnificent old structure that I once visited, and which has been the seat of power of the Royal Family for several hundred years.

I then asked a friend the same question and he visualized a “mansion” as one of the magnificent homes of the millionaires that live in the hills near his original home in [Germany](#). Same word, different interpretation! All based on what we believe.

Just remember, for later on, that what you interpret may not be what another person interprets, even though the message you are both receiving may be the same. What you picture in your [mind](#) may have meaning that no one but you can interpret correctly.

The final way to receive and interpret “information” is through mental imagery. It is learning how to ask for and receive and interpret this imagery that is your intuitive mind power advantage.

Thoughts

Thoughts Are Energy

A thought or an image you receive in your imagination via ESP or in any other way is nothing more and nothing less than an electronic form of mental energy. All thoughts are energy, whether created deliberately or tuned into accidentally.



The mind cannot be still. It is true perpetual motion. It goes on “thinking” 24 hours a day 365 days a year, all your [life](#), regardless of whether you are engaged in high speed brainwave, deep concentration activity like having a nap, watching television, or having a genuine sleep. The [body](#) may rest but the mind never sleeps. Ask your dreams?

The first thing you need to know is that energy is never static. Energy flows and takes many forms. You, as a multi dimensional being, are a part of many universal energy flows; from polar magnetic fields, to gravitational electrostatics; from stellar magnetism to earth core gravity; from solar [energy](#) to powers and radiations that affect both body and mind in ways both known and unknown.

Energy flows in accordance with physical and psychic demands. It flows from commands made consciously and from commands issued subconsciously. Also, from habits that you may not even know you possess.

There is a law of cosmic habit force that states you will continue to do things the way you have habitually conditioned yourself to do things *without thinking*, until you replace any ingrained habit with another stronger habit.

Thoughts Are Things

Yes, thoughts are things.

Who said that? Well Napoleon Hill did, the author of the classic self help book, "Think and Grow Rich" after studying thoughts and the lives of 500 super successful people of his generation, the multi millionaires of his day.



As a young reporter he studied, talked to, and recorded the thoughts of these people for over 20 years. After all that work, research, notes, [writing](#), thoughts, people, and [success](#) stories, after it was all over, he came to the conclusion that "thoughts are things."

Let me quote from the first paragraph of Think and Grow Rich.

"Truly, thoughts are things" and powerful things at that, when they are mixed with definiteness of purpose, persistence, and a burning desire for their translation into riches, or other material objects."

That's the coolest expression I ever heard. Thoughts are things. In fact, if he hadn't used the catchy best selling title of "Think and Grow Rich" Napoleon may well have called his book "Thoughts are Things." Of course it wouldn't have been a runaway best seller under that title. But as "Think and Grow Rich" it sold so well that the [average](#) man, the [ordinary](#) man, the [in my humble opinion](#) kind of man, bought it, used it, and did indeed "Think and Grow Rich." The [ordinary](#) kind of man would of course, in Hill's day, have rejected that *Thoughts are Things* kind of title as too intellectual, and it would not have become a best [seller](#).

Phew! Close one Napoleon. As Thoughts are Things it would have perished with the passing of time as all living things do, as our ancestors did. As your

friends and relatives and all of us will. Napoleon’s Hill verdict: correct choice of the right positive emotive words at the right time.

So what are things? On the macro, the universe is a thing. On the micro, so is an electron. An [animal](#) is a thing. A vegetable is a thing. Gold is a thing as is a diamond. Our bodies are things. [Blood](#) is a thing, as is our heartbeat. Trees are things. Birds are things. Plants are things. The glories of the stars are things. So are the five senses. What about music, laughter, and intelligence. Yes all these are things. So what did Napoleon Hill mean when he started his book in such a controversial way saying “Thoughts are things?”

Some of the *things* I’ve mentioned are solid and real. We can see them, feel them, and touch them. A [tree](#) is a thing because it is real. A house is real. A star is real because we can see it. The [wind](#) is real because we can feel and hear it. Our lovers are real because we can touch and feel the pleasure we give each other.



At times we can share the invisible gift of humor and laughter. These are real too. So is sharing. Sharing is an invisible thing. We can share music also, and enjoy the benefit of those who went before and left us musical instruments that might be impossible to re-invent in today’s hectic world. Now we have something that is a thing but which is invisible, music, singing, laughter, and words starlight. All are things. All are real. A thought, a human, a house, a word, all are real things.

Everything around you is the child of

creative thought. Thought which is in its place, is the child of the universe, as are you.

So if thoughts are things, and things are things, and if things can be both visible and invisible, how important is it that we accept that the two are able to merge. That the one can be two and the two can be one. One can become the other once we develop a belief that this is so.

Much as a newborn baby appears to be helpless and useless, so do many thoughts appear at birth. But can not that child, with care and attention, become an intellectual adult who can, as he/she progresses through life, not learn to use the principles of success to become greater than the giver of the gifts that he/she uses to become what must be a personal destiny.

Yes, all is possible through the power of creative thoughts because thoughts are things. You have the power to use your thoughts in any way you choose. For the power of choice is yours.

Success and failure are both invisibles that are born of thoughts. The former is achieved by mastery of the simple fact that thoughts are things. Achieved by finding the tide on which to flow, by working with desire, faith, action, using imagination, persistence and all the powers of the mind and body to achieve a definite major goal or goals in life.

The latter, failure, about which the least said the better, is achieved with no work whatsoever, by moving with the winds of change that blow in many different ways. Indecisive winds full of the multiple ghosts of fear ugh, let us move on.

This afternoon I was playing a favorite musical DVD of mine, *Yanni Live at the Acropolis*. I observed the incomparable Yanni and his orchestra, swing sections, percussion, rock, rhythm, and individual soloists as they moved through their paces. Playing music that originated as *someone's thoughts* transcribed from the mind to a musician performed by a maestro. Now this is a kind of genius which sort of proves that thoughts are things.

At the start of this magnificent concert I observed all the musicians, men and [women](#), dressed to suit their part, and I thought, "Is it possible that any of them partaking in this magnificent spectacular concert, could ever think that they were "ordinary" musicians"? If they wrote to a friend, would they sign in the old way of "your humble and obedient servant", NO WAY.

Words Are Things Also

Words are what give thoughts a second dimension. Say a word and it becomes a little more solid, more real. Whisper it and it takes a form and changes from a thought into a reality. Shout it and it takes on solidity. Record or write down the words that originally were thoughts and they take on a *definable* recoverable reality that cannot be lost.



Thoughts Have Become Words and Words Have Become Things

If this is so, and I believe that it is, then the *quality* of the words that you use is of great importance.

Use words like, "I'll try", "perhaps", "maybe", even "I can't", and the thought that preceded the word



loses power. These are negative words. The more you use these negatives the more powerful they become. The easier you learn to believe them, and the more you believe the negatives the truer they will become, because *what you believe is true*. You have thought it, failed to dismiss the thought, and *given the thought power* by changing it into a word.

"You're fired."

Watching an episode of The Apprentice one day, I recall one of the potential apprentices used the expression: "*white trash*" about himself. Something like: "I'm only white trash back in the town I come from." Certainly the speaker was half joking. But Mr. [Trump](#), who is a marvelous example of everything positive, wouldn't have words like that in his boardroom. He sacked the man on the spot telling him never to think or say words like that about himself in Mr. Trump's presence, or anywhere else. Also, told him in no short order that he was fired. Mr. Trump understood that words are things. How powerful negative words are. Just how powerful, in the opposite corner, positive words are.

Both solid and invisible things have a life; a star or a thought. All of these things have offspring. Yet none have the offspring with the [ability](#) to talk;

except humanity. So is talking a thing? I believe it is, just as I believe this about a thought.

You may not be president of the company you work for, but you are not an ordinary worker either. There is no such thing as ordinary, only extraordinary. Choose your words with care. Thoughts are things. Words are things. Actions are things. The step between having a thought and making that thought into an action begins when you change that thought into a word; preferably a positive word.

Did Einstein think $e=mc^2$ (squared)? Yes he did. This magnificent equation began as a thought. He got it into words and he got it into writing. He turned thoughts from things into reality via words.

Did Beethoven think of the fifth symphony without turning that thought into music which was the equivalent of words?

Did Henry Ford not have his engineers place their plans in writing as all the combined creative ideas of his staff generated a car from an idea via the use of thoughts and words?

I could go on forever. But note well that Mr. Ford would have fired any engineer that said, “I’m just an ordinary person.”

Thoughts are things. Thoughts are born just as a baby is. Also, they can die at any moment unless we use positive words all the time to grasp that thought and begin to turn it into action through words.

Choose your words with care.

If you believe something, truly believe something, it is very difficult to believe something that is totally opposite to what you now believe. Your beliefs close your mind to what may be a truth that argues against what you now believe.

Think of what you believed when you were 5 years old and then, think of what you believed when you were 20. There is no way they could be the same. But what must be true is that what you believed at those times was

an absolute belief that you perceived to be true. So your beliefs are alive and subject to change.

Energy flows from what is about you. A man on the beach surrounded by warm sun, gently beating waves, and a warm breeze is influenced in his energy levels by what he is about. His energy changes to suit his environment.

If the same man crosses the street, puts on a [business](#) suit, steps into an air-conditioned office where he is the managing director, he is influenced again by what is about him and again his energy flows and ebbs with what he is about; his energy changes.

[Energy](#) is all the universe is about. Energy and vibrations! A vibration that is energy! Energy that is a vibration! Energy that may work against you unless you understand it and make it work for you.

You can't force energy to work for you, you can only create situations where you can interpret the energy in your mindset and take advantage of what you see, feel, hear, smell or sense.

What You See Is What You Get

The starving orphaned black boy in Africa senses a mansion around the corner. He turns the corner and sees a log and thatch hut. To this homeless refugee wanderer, this is his mansion. As described previously your "picture" of a mansion is slightly more substantial. But the principle is the same. You "see" or interpret in your senses and feelings, and what you interpret is what you get in [life](#).

If you disbelieve what you read in this book, you will be absolutely right. Your disbelief will manifest itself into physical reality. Your [belief](#) system, your leaning too strongly on pre-existing beliefs, previous cosmic habit force, will deny you the right to accept a new belief and change the one that habitually forces you right now to act the way you do.



If you suspend your disbelief, you will also be right. If you suspend it long enough you will develop the ability to use a minor portion of the energy that is about you in such a way that you can become wealthy in more than [money](#). You will in fact become wealthy in understanding, and with this understanding, all the jewels of the world will be yours.

There are many who think the laws of the land are laws. But they are not true universal laws. For true universal laws cannot be changed. They are immutable. The laws of the land are creations in many cases of the greedy in the process of controlling the many. On the other hand the law of gravity is immutable.

Any law of the land is subject to challenge and may be changed or become obsolete with the passing of time. Remember that human laws are not static nor are they really laws. They are simply accepted conventions that must be observed, FOR NOW. If you believe the laws of the land are correct, it

maybe that your belief is wrong and your interpretation of such laws is questionable.

In fact, they are almost of a similar importance to a reversal of the law of the jungle, a law that says: The strong shall survive and the weak shall perish.

Most laws are designed to protect the strong and are disguised as laws that protect the weak. The weak no longer perish, but the strong continue to grow stronger.

The physical laws of the universe, the laws of gravity, the laws of static electricity, the laws of magnetism, the mental laws of the universe, the laws of the [mind](#), the laws of self healing and the laws that control mental forces, that are present in our lives, are true universal laws and have been unchanged since man first looked out of his cave and asked why?

For that same man who asked why, also has the right to ask why not?

Understand universal [law](#) and you will become rich. Deny it and you will never achieve anything that you want, or if you do achieve, you will not hold it for long, or have peace of mind in any substantial degree.

What homo noeticus, the new age man, and the intuitive mind-power advantage are about is learning to use a microscopic portion of universal energy for your direct financial gain.

Energy flows interactively through the body and the brain, the brain and the mind, the mind and other minds and “networks” with all other humans, creates intuition.

Ever wondered how one person can brighten up an entire room by his very presence? While another, with negative vibrations, negative energy, can put a damper on any [group](#).

Both instances occurring without anyone saying a word! They occur because mental projections, mental telepathy, mental auras are “energy” and have been communicating without any known boundaries.

Auras

A word about auras! We all have an aura around us. It is invisible. Like the halo drawn so often around angels. Auras that can now be photographed with special Kirlian cameras. The composition and the color of these auras depend entirely on the thoughts of the people themselves.

The old wine bum sitting near the half empty dustbin has a totally different aura from the confident [business](#) woman going home from work. If they walked side by side, their auras would separate away from each other, as though an invisible pane of clear [glass](#) lay between them.



If two people sit on a couch and they think “hate” thoughts about each other, their auras will develop spikes and will merge only with difficulty, as though there was an electric current repelling like a north/north pole effect between them. And that repulsion aura is indeed there, even though invisible to normal eyes.

If those same two people think “love”, thoughts about each other an astonishing thing happens to their auras. They develop softer colors and “merge” into one another like an envelope of passion that binds them together. When this happens, it is very easy to interpret the thoughts of the other person. By the very fact of thinking “[love](#)” about each other they are as one on the mental plane.

Love is Energy



Remember this, when I come to the part of this [book](#) about *sending* and *receiving* messages. "If your disbelief has been suspended and things still do not seem to be working, try adding a little love." For [love](#) is energy. You can feel it. But many deny that, as a most powerful form of energy, love exists. Yet it is

powerful, very powerful. So love is energy. Love is a sense. Love is an emotion. Love can be directed at another for your own benefit, or a situation can backfire if you give in to using the opposite of love, which may be hatred, revenge or indifference.

You Have the Power

You have the power. You have the choice. You have the power of choice. Love is a law of the universe and those who understand its power can achieve more than those who use the sword. Gandhi overcame the might of the British Empire with all its soldiers, [guns](#), and power. He did it without so much as a stick to defend himself. He did it with love.

The great Nazarene, in whose name so much has been performed, was a faith healer, the kind of faith healer who has always existed. He had faith. He had [love](#) and he loved the people he healed so deeply that they healed themselves through natural laws of the universe by “suspending their disbelief” for long enough for the healing process to work.

If the people had not loved the healer and he had not loved them, his healing works would never have been performed.



The Hologram

Wise Indian philosophers believe that everything in the universe is available in the mind of man in holographic effect. It may not be there in physical fact, but it is there holographically, and can be "tapped into" when the time is right for humanity to receive.

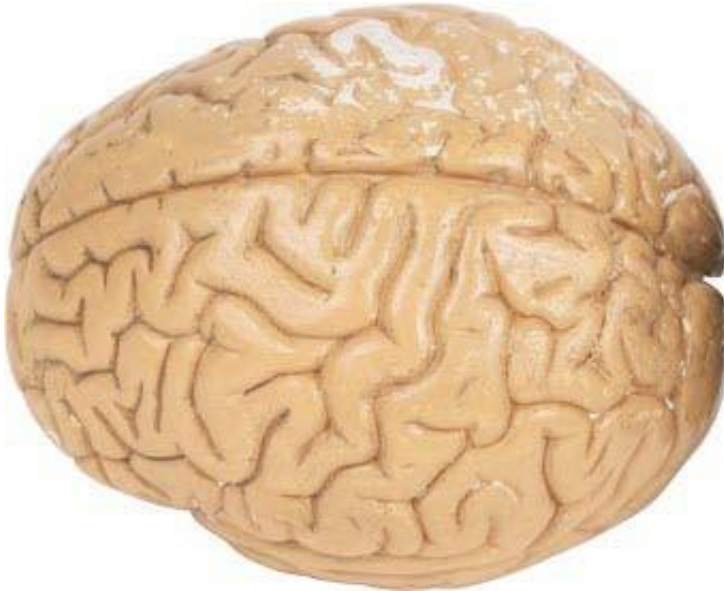
When a specific breakthrough is made in one part of the world, is it not amazing that it becomes available to others in different places without any form of physical communications?

It is as though there were a huge mental storehouse of "all knowledge" (and perhaps there is) and another of "presently known" human knowledge. When an energy transfer is made from the mental storehouse of presently known human knowledge, it becomes available to all via the hologram effect so that those who are actively searching can mentally receive as though by coincidence.



No Such Thing as a Coincidence Only Limiting Beliefs of What Is

There is no such thing as a coincidence. Only action, interaction, and energy transfer, either by an organized demand made mentally or subliminally, or by individual discovery.



Communication barriers do not exist in the mental plane except in the form of limiting beliefs. You can receive almost anything you desire from sources both known and unknown. Your beliefs will determine how you interpret what you receive.

Consider the fire walk. I once walked across 4 meters of 1,600 degrees of burning ashes without getting burnt. It was the climax of a 2 day seminar. At the start of the seminar I would not have believed that I could do it. In fact, when the seminar leader told me I would be fire walking within the next four hours and I saw the 3 meters high [wood](#) fires being lit, my mind slipped into a sort of panic. "Not me" I said, "Not me". Is that not a typical reaction?

Of the 96 people who were taught and invited to do this on that day, 7 refused. The 89 who did it "suspended" their limiting belief for 20 seconds or so and walked. After this suspension, their beliefs were different. A limitation had been removed. A natural law had been learned.

Your present beliefs must be real to you right now, because you believe them, but these same beliefs can be changed at any time.

One “doubting Thomas” person, who had refused to fire walk at first, did it when he saw the others doing it. Only after he witnessed others suspending their belief and accepting the challenge, did he follow.

Funny thing belief! After I did the fire walk, I was so impressed with my performance that I did it again. My mind simply refused to not believe that I was walking on “cool moss”. So, each step I took in the burning ashes, thinking “cool moss” to myself, changed my belief from “I can’t do this” to “I can.”



Suspend Your Disbelief

Your [life](#) will change as you grow new beliefs within. If there is anything you do not believe. Anything limiting your beliefs, suspend it until those beliefs change.

You are Homo Noeticus, *New Age Man*

Your beliefs are not the beliefs of your ancestors, but rather they are the beliefs of 21st century man, homo noeticus, and the new age man whose future would have been unthinkable, even half a century ago. By suspending your disbelief you are not denying what you now believe, rather, you are opening a new avenue to belief, which in turn, will *change the way you think* and give you a new belief to replace the old one.

A [belief](#) is like a box, with you inside it. You can bang on the walls, hit the roof, thump on the floor but the box will remain a box, and will not get any bigger. Rather, it will contain you in such a way that you cannot think any bigger than the outside of the [box](#).

A new belief literally gives you a bigger and better box, again, with limitations, but every time you change a belief you move into a bigger box. As each box or belief gets bigger, the unlimiting factors increase.

Limiting beliefs may be changed, by simply using non-limiting words.

Can't, never, impossible, probably, if only, and ridiculous are some very "limiting" belief words.

Unlimiting words are: Can, will, possible, soon, now and believable.

Limiting belief expressions are expressed as:

- ✗ "I can't make decisions"
- ✗ "I can't remember"
- ✗ "I feel helpless"
- ✗ "I've never done that"
- ✗ "I'm doubtful"
- ✗ "I'm afraid"
- ✗ "I feel guilty"
- ✗ "I'm too old" or "young" or "inexperienced."
- ✗ "Who, me?"

✗ “I’m not well”

To remove limiting belief words, and make a novice into a firewalker or a skeptic into being a true intuitive mind powers believer in 20 minutes can certainly be done. But generally, it takes longer.

The way it is done, is to tell yourself that you are having a “limiting belief” every time you sense your mind thinking a negative thought while reading this e-book. You have to remove even temporarily the negative “can’t” belief.

Just think or say “suspend”, every time you think such a thought and your limiting belief will be suspended while you read on. Your belief will not change but it will simply be suspended as you move into an open [mind](#) situation.

It is not easy to change a belief or a habit. Cosmic habit force indicates that a belief shall remain a belief until it is replaced by a stronger or changed belief. So, suspending a belief does not change it, it simply removes it temporarily. We all have habits. The older we get, the harder it is to create new habits to take the place of the older ones.

Look Forward

The technique in "Intuitive Mind Power" is a combination of ways that work, but there is a simpler way to improve your daily [life](#). That is to look forward always.



I have noticed that the older people get, the more they look backwards and the less they look forwards. With really old people, they **ONLY** look one way, back. They don't acknowledge tomorrow. They don't plan ahead. They don't have any goals. They eat their dinner earlier and earlier until

they have 3:00 PM dinner, and go to bed after the 6:00 PM news. In the [morning](#), they talk about what happened yesterday, and in the afternoon they talk about what happened 25 years ago.

The way to stay young is to always look forward. The very act of looking forward in life opens up your life to new challenges. Don't deny your past. But "live" right now in the present and always create new plans for the future. The more you look forward and the less you look back, the younger you will be and the more open you're thinking will be to new ideas.

Changing your belief patterns can only be achieved if you have a forward look at life.

Some very nice people I know in Canada have their entire life planned. They even have their coffins in the cellar, so they are ready when needed. They have their funerals pre-paid. They write out a dinner menu for a week ahead. They have their wills made out. They have their lives "lived". They go to bed at 9:30 PM and don't know what a good night out is.

Darn it they are only 52 years old. That’s young.

Please don’t be like them. Don’t think your life has been lived and look back. Write down a goal or two. Put dates on the goals. Then, go out and achieve them, always, always looking forward.

Ask me for my “attitude of gratitude” [Goal](#) Setting Technique at info@michaelsjohnson.com and I’ll provide you with an outline of this program.

Henry Ford’s Philosophy

Henry Ford is reported to have asked a man whether he could do a certain [job](#) at his plant. The man replied that he didn’t know but he thought he probably could. Henry is reported to have walked away after telling the [employee](#):

“Whether you “think” you can, or whether you “think” you can’t, you will almost certainly be right”.

Henry looked forward all his life. He could have gone broke any time and started again. In fact, he did. Just as Walt Disney did! These *forward thinking* people were never beaten, because they didn’t look back. They lived on their [dream](#) of tomorrow and while they learned from yesterday’s mistakes, they did not dwell on them.

The “boxes” that held their beliefs were always being replaced by bigger and better boxes.

The belief system to adopt while reading this e-book is: “I can do this”. “I can move my mind into a bigger box”. For truly you can, as the techniques are very simple, very believable, very easy to use and most importantly, THEY WORK. They work better when you are a believer and they work better still with practice, even better still, if you are a looking forward person and not a backward looking one. But they will still work for you whether you are skeptic or a true believer.

Greatness is not the gift of the few, but the right of the many.

A limiting belief that may be hindering you is the often repeated “other people can do this thing but I can’t”. OK! Suspend that. Where do people get the idea that other people are “different”? That other people are smarter. Sure we all have different talents, but the biggest hindering force in most people’s development is a belief that other people’s talents are superior to their own. Don’t let this be so. ESP is available in equal quantities to all, yet few use it, and even fewer believe in it. But it is as natural as breathing.

You are as important to the evolution of humanity as a president, a king, an entrepreneurial inventor or a “hygiene executive” as the driver of my rubbish collection service prefers to be known. Greatness is not the gift of the few but the right of the many.

Let me explain:

I come from a musical family. My mother played the [piano](#). My father played the banjo. My older brother plays just about every instrument he can lay his hands on. My younger brother plays leading violin in an internationally acclaimed orchestra.

Yet, sadly, I can’t tune a [guitar](#). I can’t sing two notes in the right order. I can’t play any instrument. Also, despite many attempts, reading music has always baffled me.

Don’t misunderstand. I love music. I enjoy music. It just is not in my creative facilities to “understand”.

Why am I such a duffer at it?

Perhaps, the “box” that holds my belief about this is the problem. I don’t know.

But, if I sing a hymn in church, someone is always sure to look around to see who the lousy baritone is.

Who Says You Have No Talent?

You can imagine my family’s disappointment in me as a child.

They told me I had no talent. They told my teachers I had no talent. They told their friends I had no talent. They told everyone they didn’t know what would become of me, as “I wasn’t very bright”. All because I wasn’t a musician and they were.

Have you ever had a belief system like that forced upon you? A box that you can’t break out of!

The fact is I might have gone through my entire life believing I had no talent. Believing the [theory](#) that “they” were more gifted than me, believing other people, were different and somehow I had missed out on being born special.

Well, nothing could be further from the truth. We all have one or more things that we are good at. God did not distribute talent unevenly. Everyone has some special talent. Everyone can do some things more fluently than something else. When it comes to using our “senses” or “ESP experiences” in life, most people have the *disadvantageous belief* that they do not have the ability to use their mind, except in a conventional [fashion](#).

Wrong! Wrong! Wrong! Wrong! Wrong! You’ve Got Talent

The fact is most people have never tried in any way to use their mind for anything else except for work and passing their [exams](#) and doing what they have to do to get along in life. This is a tragedy.

They see Uri Geller bend spoons in his TV shows and they think he has a talent that they do not. Fact is that, they could also learn to bend spoons, do a fire walk, or experience astral [travel](#), provided they suspended their disbelief long enough, and began to use a belief that doing the impossible is natural and that “all are equal” in this regard.

To succeed, you need to set a goal and you need to practice. Do this and failure will walk out the door.

You are about to move beyond time and space, and learn the techniques of intuitive mind power and the noetic man. The techniques of tapping into your creative potential and using this noetic man technique to make a little money, or a lot of [money](#) if you wish. Or just to improve your life in many quiet ways.

Before suspending your beliefs you are entitled to know this. I’ve already said this, but I will say it again. This technique will work for you if you believe it will. It will also work for you if you don’t believe it will. It will work in all areas of your life but most especially, it will work for you if you practice.

It works best when you are in a [stress](#) free mental condition, laid back, and relaxed.

When you are solving problem by conventional means, you are not relaxed. When you are concentrating you are not relaxed. When you are fighting a battle you are not relaxed. When you are working hard, mostly you are not relaxed. Relaxation is the key to this whole thing.

Because you have to relax, sometime, this intuitive mind power advantage has to work.

Have You Ever Had An Intuitive Flash?

Have you ever "known" that a member of your family or a loved one was in trouble, without any physical contact with this person? That flash of intuition that "told" you something was wrong? Maybe you sensed your mother was dead and you later found out that at the exact time you sensed this, she passed on. Maybe you met an "old friend" at the races and noticed in the next race a horse called "old acquaintance" and bet it in a flash of inspiration and it won. Maybe you sensed you should get the bus instead of the train and the bus crashed. It happens, and is a part of the natural sensing processes of the human mind, natural intuitive mind power.

Mind To Mind Communication

If you have sensed anything extra ordinary like this, this is a straight out mind to mind or psychic event to mind communication. Most people have had this experience. Most people have read the future in an intuitive way, been given a flash of some inspiration of what will happen in a time yet to be.

Often people dismiss this intuition and actually deny it. Because the box that holds their belief about this isn't yet big enough to encompass the fact that they have received a flash of intuition, a flash of natural God given talent!

Have you ever been about to step into a road only to “instinctively” step back as a [car](#) whooshed past? This is your subconscious mind working for you, warning you of danger. Extra Sensory Perception! ESP! An extra sense working for you! No one knows how this works. It just does. The mind, acting as a receiver, received a message from a sense or senses that are unknown. This is basic intuition at work.

Have you ever made a decision while driving a car? A decision that saved your life but not known why you made that decision? Again, it is purest subconscious mind power that made you make that decision, purest intuition.

Have you ever heard of people who have instinctively refused to board a plane because their “[vibrations](#)” told them not to, only to find that the plane has crashed an hour later?

This is mental telepathy of the time bending kind. In most cases, works only in time of great emergency.

You Have the Power

Your [mind](#) will work for you. It will also work against you. In fact, it will most probably work against you more than it works for you, as we live in a negative world and it is easier to think negatively than to think positively.

To make your mind work for you with ESP, first, suspend your disbelief, and then open your thoughts to simple mental creativity. We all have this power. Some choose to deny it of course. Some choose to use it. The power of that choice is yours alone.

Controlling Outcomes

You can control the outcomes of events that appear to be random chance. While it may seem that a man tossing a single [coin](#) in the air, could produce only two possible results, **heads** or **tails**, would not the outcome enrich you if you could determine in advance, better than 80% of the time, the correct result.

What you are about to learn is how to establish internal mind control and communication beyond limitations. It is a synergy that will help you to establish the truth of a situation in work, in [business](#) or at play with an incredible degree of accuracy.

Intuitive Mind Power Gives You an Unfair Advantage

I call this The Intuitive Mind Power Advantage.

I am always intrigued by a story I read many years ago about the world’s greatest inventor at that time, Thomas Edison.

He used to meditate for ideas as follows:

1. He defined his goal.

That us he clearly defined his goal: like creating the incandescent light globe or maybe a new kind of electric switch. Whatever it was, he created it in his mind, long before he and his team created it in reality. He wrote down his goal in a place in his office, where all the [staff](#) knew what he was working on, what they were working on, and what the entire company was working on, a common goal. A team goal, a master mind planned goal.

2. Edison then worked on the outer thinking/action level.

He did all he consciously could on the outer mental level to solve the problem. Including marathon physical sessions, and creative experiments where he wrote down every known fact about the item he wanted to invent. His team shared this work effort and they shared the possibilities they created.

They then did massive practical sessions, where all the known information was converted into practical experiments! He also kept notes and lists of all the things that had been tried and the success achieved with each idea, or otherwise.

3. Then came team analysis without criticism!

He and his team discussed and analyzed where the experiment was now, and where it was going, a practical example of Carnegie’s “Master Mind” principle.

They expanded and shrank their thought and ideas flowed. They created without criticism, regardless of how wild the ideas may have seemed at the

time. Then, they went to work to create from the wellspring of the communal thought.

4. Lastly, Edison used his mental one man think tank.

He used to go off to his laboratory alone, and putting the experiment into his mind, lowered the lighting and “sat for ideas.” This is a form of creative [meditation](#) as he awaited the intuitive mind power of the universal connection to work for him. All the time visualizing the completed project!

The principle he used in sitting for ideas was simply to close his eyes, slow down his brainwaves, visualize the project completed and “ask” the universe to solve the problem. Firm in the belief that the [solution](#) he sought would be his.

The interesting thing was that **he intuitively knew** that by closing his [eyes](#), relaxing in his favorite chair, and visualizing an invention AS THOUGH it had already been created, it would become a reality. He “saw” items that had not been invented. He “saw” them as completed working models.

Remember his quote to a journalist who foolishly called him a genius, congratulating him on his successes.

Edison said, “Genius is 1% inspiration and 99% perspiration”.

Edison’s technique is available to you now, to solve problems and to work creatively. First, provide yourself with the goal and then, follow the four steps outlined.

The Ball Bearing Technique

What was especially fascinating was that Edison used to, during these visualization/[meditation](#) sessions, hold in his hand two heavy large ball bearings about the size of small golf balls.

Closing his eyes relaxed his body, but it did more than that, it slowed his brainwaves.

Edison was in “creative” alpha. Alpha is a name scientist’s use for a brainwave that is slowed down, much as one’s brainwave slows down in the approach to [sleep](#).

If you’re unfamiliar with brainwaves let me tell you that you do not have to understand them.

All you have to believe is that brainwave frequencies vary during our entire lifetime on a second by second basis. As the brain slows down, the more *intellectually advanced* it seems to become. In other words, the more it appears to be connected with the universe.

Alpha is *natural*, a slowed down state of brainwaves. Creative ideas are often generated when the brainwaves are slowed down and in “alpha”, which may explain why many people have intuitive ideas when they wake in the night, while having a bath, or when day dreaming on the beach, walking in the park, or swimming, because, at that time their consciousness relaxes and brainwaves slow down and the subconscious then works best.

Normal wide awake state is known as beta. The brain is operating at maximum physical efficiency, but it is often not in *creative acceptance* mode. You may work, play [sports](#), or do almost any physical, eyes open activity, in this beta state.

The next slower state is a brainwave that operates in a relaxed atmosphere. Half awake, half asleep, like when watching television on a boring night, or floating in a bath of warm [water](#). You’ve let the tension go and your brain has slowed down but you are not asleep. You are not wide awake either. This is the receptive area. You can be in alpha for half an hour or you can be

in alpha in just a second. When you close your eyes, even in a blink, your mind takes a “breather” and slows down into alpha.

Alpha is an area where you can be very perceptive and receptive of information. It is an area where “ideas” will come to you. It is an area where you can talk to the universe and have problems solved. In short, alpha is creative. Full uses of alpha have yet to be realized, but more and more ways of obtaining information at this level of mind are and will be discovered as we become homo noeticus and move through the exciting 21st century.

Lower level theta is really slow brainwaves. You are asleep and not aware of your surroundings, although, there are areas where theta and alpha merge; where dreaming is common and which can be used creatively. Theta deep sleep area is a [healing](#) level, a restoration level, where the body heals itself during your nightly rest.

Delta is a really slow brainwave. It is unknown if people in really deep [sleep](#) are in delta or theta. In a coma, certainly is delta and little is known of the benefits of this state. It may be a suspended “life” state, as people who wake up after a 10 year coma appear to be the same age as before their sleep. Yet, their life force seems to have moved along as such people, returning from a coma of long duration, seldom live long afterwards.

Edison’s Power

You have the power to use your own intuitive mind power in exactly the same way of Edison.

Situation 1

You are playing football and the crowd is cheering, the ball is floating towards you. Your [concentration](#) is absolutely intense. Your thoughts are so focused consciously on what you are doing, nothing can distract you. There is no way your brainwaves are relaxed. They are on a high frequency beta.

Situation 2

Let’s go to the opposite end of the scale. You are in a deep, deep sleep after working and playing hard all day. You are so deep you are almost in coma. Your brainwaves are on a low, slow frequency, much lower than alpha. A brainwave level the scientific boys call theta. Again, a natural level, just as natural as beta (wide awake) or alpha (slightly slowed down).

In theta you are unaware of anything on a conscious level and while little is known of this level, you are not in a creative or ESP acceptance level. It is almost certain that, at this level, your [body](#) is experiencing chemical restoration of the physical; restoration after the day’s strenuous activities. But it is so deep that it is generally accepted that you do not even dream at this level.

Situation 3

A bright sunny day! A good day to be alive! Aren’t they all? You are walking down the beach. You feel a little tired so you sit under a shady palm [tree](#). The waves beating on the shore have a very soporific effect. You close your eyes and totally relax.

You are in “non-creative” alpha. Day dreaming alpha! A very similar state to dreaming while being awake, and an area of great creativity when you master it. For non-creative alpha, as opposed to Edison’s creative alpha is a very intriguing state. It is then, when you let your thoughts “run wild” that

you may achieve astonishing inspiration. A problem that has been puzzling you may suddenly be solved in a "flash" of inspiration. Reason, you are "alert" to ESP. You are relaxed. You are laid back. Your stresses and tensions are taking a back seat and your brain is operating in alpha relaxed and intuitively receptive.

Situation 4

You wake up after a long deep sleep. A clock radio woke you and a catchy tune was playing. That tune goes through your [head](#) all day. You hum it in the shower. Burst into song in your car. Tap your feet to it in the elevator. Finally, you get so busy at work in the beta level that you unconsciously put the song aside.

The tune entered your mind while your brain was under the influence of "slow" alpha brainwaves, and try as you might, the darned thing just went around and around in your brain for hours, until it left of its own accord. Or you became so busy in beta that your alpha level stopped throwing the tune at you.

This situation, the waking up in the morning situation, being half awake and half asleep, is the situation Edison used deliberately.

You might wonder about Edison's ball bearings?

They were to specifically stop him from falling asleep. He knew instinctively that by creative visualization in the alpha state with a slowed down brain, he would receive inspiration.

If he fell asleep, his brain would be too slow and he would be wasting his valuable alpha time. So, if he dropped the ball bearings, the loud click of the bearings as they fell from his fingers and rolled noisily across his wooden [floor](#) would wake him. He would then pick them up and start again.

Persistence is the Key to All Success

Never short of persistence, Mr. Edison! He is reputed to have completed up to 10,000 experiments in his search to be the first man in the modern era to create an electric [light](#) globe. He didn't give up. He never gave up. I pass on the message of his persistence as it separates all in life whom are successful from all who are not. If you wish to use the technique in this manual to improve your life or simply to make [money](#), be persistent in the application of the principles.

Practice and never give up.

I have studied brainwave technology for many years and have developed just enough understanding of brainwaves and ESP to realize how little I really know. We are fringe dwellers in the noetic age. But the storehouse of all knowledge is releasing knowledge on a scale unprecedented, and the more we reach into this storehouse, while in the alpha state, the more we will learn.

The Past, the Present, and the Future

Perhaps, you, in your alpha state will be the next person to receive new knowledge from the universe.

Ever wondered why, electricity was never harnessed commercially until the 19th century?

Ever wondered why we accepted the sailing [boat](#) as the number one method of sea transport for thousands of years?

Ever wondered why the internal combustion engine was never discovered until the 18th century?

Ever wondered why washing machines were not invented until 1944?

Ever wondered why men wore beards for 10,000 years, because no one had invented the safety razor?

Ever wondered why man moved out of the dark ages at all?

Well, one of the reasons is that, although all the products necessary to make an internal combustion engine were always here, although the elements needed to create commercial electricity were always here, no one bothered to “ask” the universe for what it was that was needed to move on in evolution. No one bothered to creatively visualize the “impossible”. No one wanted to risk the derision that sometimes follows those who want to think in a bigger box.

People laughed at Leonardo da Vinci, who created a model of a working submarine and a helicopter 400 years ago.

Friends and family wanted to lock up Guglielmo Marconi, when he told them he could send messages across the globe without the use of [wires](#). They thought he was crazy.

Nostradamus had to change all his saying into poems as he was in fear of being accused of witchcraft.

Here’s the truth. The world was not ready for these products in days gone by. Because too many feared the unknown! Because the boxes that we call

"beliefs" were given to us from generation to generation as "truth", not given to us as "this is all we know so far".

The evolution of humanity is now moving at such an astonishing speed that 100 years from now you and I will be looked on as primitives. Just as we look back only 200 years and see our [ancestors](#) as people who lived by the plough and communicated only by talking.

In the field of mental telepathy, the future is arriving now. You are a part of it.

For reasons unknown, my intuition has always been positive and worked for me. It has never worked negatively or against me.

Your mind will warn you of danger and guide you into [prosperity](#) if you listen to it!

I have received warnings of **dangers that are about to occur**, before they occurred: and have received intuitive signs that, **now is the time to act** in an on going situation. You possess this power too.

Once when driving on a wet night on a two lane separated highway, a car came towards me. Not only going the wrong way on a one way road, but the [driver](#) was driving without lights and very fast. What made me pull sharply over into the left hand edge just before this happened? It was pure intuitive mind power.

Another occasion, while driving in the country, my wife passed me a banana. I dropped it near the hand change gearbox. Rather than reached for it, I stopped the car and picked it up. On re-starting, I drove round the corner and right in front of me was a 4 car pile up. This was in the country near Mount Barker, in Western Australia. I had been traveling at 110 kilometers an hour before the banana incident. Nothing would have stopped this being a 5 car accident, except for me stopping to pick up a dropped banana.

Intuition: Coincidence: A warning: Or all three?

Be Professional in All You Do

Some years ago I set out to be a professional gambler.

Let me tell this in the first person as it my own story.

Being a mathematician

at [heart](#), I am quite successful at this, but eventually the “atmosphere” of [casinos](#) and horse racing parlors (Tabs) lost their attraction for me. About 10 years ago I reverted to my previous passion for playing the share market, especially the derivatives market and this passion has never left me.

I have my own piece of futures trading [software](#) now and am happy and willing to help anyone interested in this type of money making venture to get started. Email me at info@michaelsjohnson.com

The details below are a little of my past history.

The principles of success and intuitive mind powers remain unchanged.

I “play” the horses on one day a week on a Saturday. This then is a business day for me, and my family leaves me undisturbed with my texts, my [computer](#) programs, the Sportsman newspaper, and racing radio.

When I finally make a selection, I am very selective, usually only playing 3 or 4 horses per afternoon, and sometimes none. I have a little technique that I find almost infallible.



The Dice Effect

Firstly, I throw a dice at the start of the day. If I get a 4, 5 or a 6, I know I am going to have a good day. If I throw a 1, 2 or a 3, I know the day may have its dangers. This dice throwing alone is not everything. It is just something I do every morning, every day anyway, and my intuitive mind power tells me whether the spin is a good or a bad omen. Sort of a personal biorhythm, the control of which tells me I have a 50% chance of the result being high and 50% of the result being low.

To prove to myself that my intuition is working 100% ok, I have “sat out” (not bet) on a 6 day and looked at the money I would have won. I have played (bet) on a 1 day and lost money. But when I bet on a 4, 5, or 6 day, I inevitably [win](#).

The principle is probably similar to using Tarot cards. What card is turned up is really of little importance. What is important is the “feeling” the “intuitiveness” you get from the [card](#), or in my case, the numbers I have thrown.

It is not the quality of the selections I bet on, they are very thoroughly thought out. It is my intuition, my ESP working for me, as it is supposed to, that makes me the money.

We live in a world of pessimists and anything that can be done to give controlled optimism is to be encouraged. I urge you to read all you can on ESP and develop techniques that you like that will work for you. The more you know, the further you will go.

We live in more than a physical world. We live in a neuron network of physical/mental vibrations and when we tune in to these vibrations, life works!

Everything is a [vibration](#), including you. The frequencies you “attune” yourself to, will lead you on to fortune. But if you are now NOT where you want to be, your past will show you that you have “attuned” yourself to negative vibrations, of which there are more than plenty.

My recommendation is not to try and let your day be guided by anything as simple as the spin of a dice but to use other controlled intuitive techniques, of which controlled intuitive mind power is but the first.

Sometimes the vibrations I received from my dice toss time are so bad that I know it is not a gambling day - Sort of like getting a triple negative biorhythm. I "listen" to this sense of danger and for that day, I abandon any thoughts of using real money. I become a watcher. Understand this; **gambling is a business** to me. I am not out for a thrill or to shout myself hoarse when some animal storms home. I am out plainly and simply to combine science with intuition, and to make [money](#) over any reasonable length of time. That does include some weeks when I do not listen to my intuition.

When I spin the dice, I use techniques I shall shortly introduce to you. Closed eyes, deep breath, [eyes](#) upwards, and intuitive questions? Believe the answer. Sometimes it comes in the dice, other times from my mental screen.

Let me go into this just bit further.

The Pendulum Effect

Ok. I have selected Sydney race 4, horse 4, Magic Sign.

On my desk, I have a round curtain rod ring, or it might have been be a key ring. I don't know. I've had it for years. Only the thread has changed.

Perfectly round, balanced, weighted without any bias. I don't know what it was originally. To this ring, I have attached about 20 centimeters of fine cotton. I hold this cotton so that the ring settles down with no movement and I “ask” the pendulum if my horse, [Magic](#) Sign, will win Sydney race 4. I close my eyes and ask for guidance, playing the “I sense, I receive” game.

If the pendulum swings back and forward it is a “yes.” I place my [bet](#). If the pendulum refuses to leave the vertical position, I do not bet. This is total trust in my intuition. You see I “think” this technique works. Remember Henry Ford.

Understand this is also the “Edison effect” in practice. I have done the steps that require work. The last question is the intuitive one, the one the pendulum answers.

I have done the physical work required to find the winner. I have researched the race and come up with a fit horse, who is in the [betting](#) market at an attractive price and who has the correct class and [weight](#) factors to win today. But the pendulum, controlled by universal intuitive factors that I don't pretend to understand, makes the final decision for me.

It is invariably correct. It works for me!

The physical pendulum is something intuitive that you must learn to trust, and if you do trust it, it will always work for you. The hard part is to believe that your intuition is right and not placing the bet if you get the “no” indication.

Like the “I sense” technique that I will introduce shortly, you may get the feeling that you are making it up. That the pendulum swing is artificial, you might feel that you have done something physically to oscillate it. You

haven't! Your vibrations, your intuitive mind power connection has been asked a question and has given you an answer.

Let Your Instinct Be Your Guide

If the question is about money, and if you value your money; and if you truly are homo noeticus, the new age man, you'll always trust your intuition and let your instinct be your guide.

The Casino Touch



I was in our local casino one day when I developed the following technique quite accidentally.

But first let me tell you: the technique was already known to me as variance of universal law. A law that could not be changed or challenged!

It was just that I had never considered using it in a gambling situation. Now I asked myself, why not? But first, here's an example of how it worked for me in a business venture.

Business First

About 20 years ago I answered an [advertisement](#) from a "gold prospector", who was seeking money in deposits of \$10,000 to continue his work.

I went to his office and he spun a good story about needing the money to "prove up" a gold find near Kalgoorlie, which he had already discovered, and then, when the "proving up" process was complete, forming a public company. Those with \$10,000 or more invested would become preference shareholders in a new company.

He promised great wealth and told his story well, had a whopping gold nugget on the table in front of him, which he said was genuine. (Try to keep your eyes off that!). Also, he had an old newspaper article about himself, claiming that old time prospectors like him, were able to find gold where others could not.

A neat story of how share [investors](#) who wait for a public company shares to be offered are too late to make the big [profits](#) available to early investors.

He also said that he had been "loaned" the office we were now sitting in, by an old ex-bush friend of his who struck it rich a few years ago, and then put his money into commercial real [estate](#), part of which was a few office

blocks. That could explain why he had no [phone](#) or electronic equipment. (Which he did not mention but which I noticed.)

While looking at the chart of the mining lease, I leaned forward, held my hand as though I was holding two ball bearings, closed my eyes for a second, and said silently "I sense, I receive" and I visualized on my eyelids, anything that I may be "permitted" to sense" or "receive".

Firstly: I mentally asked "permission" of universal intelligence to use this technique and got the ok.

Secondly: I sensed the love in the [room](#) (in short supply).

Thirdly: I just did it.

Now I didn't get any words in reply. A heavenly choir didn't burst into song and the angel of the Lord didn't pop up and give me a sign. Nor did John Cleese suddenly appear and offer to show me the way!

Creative alpha doesn't work like that. You may get pictures. You may get colors. You may get clear [vision](#). You may get sensory impressions. You may feel words. You may get nothing. Or you may get an impression or symbol or emotional feeling that only you can interpret. Remember, one man's mansion is another man's hut.

Sometimes I get a red light. Sometimes a green one! Sometimes just sense of yes or no and other times I get very clear mental imaginary, which I have to interpret myself. Once I saw a clown and interpreted that, as don't make a fool of your self. This interpretation was quite correct.

There is no right or wrong. You may be a visual [person](#). You may be a kinetic or "feeling" person and if this is so, you may feel an answer. You may be an audio person, who "hears" through your ear senses, the answer you seek. Whatever is right for you is right for you. There is no right or wrong. You do not have to sense in pictures. Feelings are fine.

On this occasion, it was a clear stop sign. STOP!!! The red light is always stop to me. So I made my excuses and left the building. On the way out, I asked the receptionist at the outer desk, who owned the building? It was a

pleasure to stop and talk to her. She was gorgeous and charming too. She did know the answer, and told me it was owned and rented out by a local insurance company that she named. As there were empty offices, I asked how I could rent one, and found out that they were “serviced” rental offices, and could be rented by the month or longer. I also found that the old prospector I had been talking to had walked in, off in the street and rented only for two months, paying his cash in advance. I thanked her and left.

My intuition, my STOP sign, on that occasion saved me \$10,000 or perhaps more.

The [deal](#) may have been genuine, and it just as likely may have been false, but it was one of those “no come back deals” that venture capitalists would not touch, as the chance of using up all the venture money on plant and equipment could so easily result in a situation, where all the capital was used up, and the “proof” that was being sought never eventuating.

Listen To Your Intuition

Another time, I was signing up some documents for a franchise deal that I was very excited about, and which had, I thought, immense possibilities for success in Australia. I used the same routine.



Again I asked, "I sense, I receive!"
Again, I got the warning sign.
STOP. In fact, I got it so strongly I was startled and physically distressed. I broke out in a sweat, developed instant

prickly heat, and felt a bad aura about everyone in that room. However, I didn't want to embarrass myself by backing out of a deal I was promised and committed to. So, ignored my creative intuitive mind power and the deal fell over and a massive amount of [money](#) was lost by me. I failed to listen to my intuition. In retrospect, I was clearly warned that all was not well but I ignored the warning.

Your own intuitive mind power! Use it. Trust it. Believe in it. And succeed. Ignore it and you do so at your peril.

Any One for Two Up

Two Up is an Australian game played in certain casinos. Two pennies are tossed up and calls are "heads" or "tails" I love this old fashioned Australian game. I am a fair [card](#) counter also and play blackjack well, but I prefer two up and roulette, where 50/50 odds are **almost** achievable. (Less the house percentage of course).

I now play quite seriously to make a little money, and then I stop and enjoy myself. These days, I like to make my winnings fairly quickly, then, after I have made my target \$500 or \$1000, I tip well and then play the rest of the games for pure pleasure, but I always make sure I leave the [casino](#) with a little more than I enter with.

I was sitting at the almost deserted two up ring this particular Sunday afternoon. It was quiet. Just after Christmas. There were probably only 20 people playing. I was quite tired and my eyes were closing. Up came a very cocky spinner, bragging to his mates that he would spin 3 heads.

Instinctively, I held my fingers in the Edison Position. I closed my eyes, spread my love mentally around the ring and asked my sensing mechanism if this was so. All I said was "I sense, I receive", and looked at the mental screen behind my eyes.

Incidentally, I raise my eyes behind my eyelids and look upwards into the "sensing mechanism", while doing this. This time I had a very strong sign that the man was a loser. I actually got an instant picture of someone falling into a pit. He called heads. He spun one head. I bet \$50 and lost. I asked the question again and again, got the same [message](#). I quadrupled my bet and he spun a tail. Very nice \$200 collects \$150 profit. Thank you very much.

I stayed at that ring for the next half hour. Winning, winning, winning.

I had 100% win strike rate on this occasion, in a game where the odds are really 50/50 allowing for the odd time that the house percentage of **5 odds** (one tail and one head simultaneously) in a row comes up, which is

probably 5 times per 100 spins over an extended period of time, and a time when the casino advantage is that they take all.

After that first huge instant [success](#), I went for a break to think about things. Actually, I was asking if I had the moral right to use my powers in this way. I thought "yes" and I returned later and decided to play the game seriously and record my results.

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

"I sense, I receive?" \$50

Good grief. I had deliberately made \$500 in half an hour. I could just as easily have made \$5,000; add that to the instant \$150, I had made on my earlier play and was having fun. Lots of it!

I raised my bet to \$100 and lost. Then I quit for the day.

Nothing the Casino Could Do

There was nothing the casino could do about it. But note: to avoid “getting into trouble” as a regular big winner **which they do not like**, I am always the best mannered person they ever met.

I am always happy, and I take only \$500 on most occasions.

Strange that, I am always happy when I make money. Sometimes, I even sing. I’m the world’s worst [singer](#). I can’t even whistle in tune. I ask myself, if I am singing because I am happy, or am I happy because I sing?

One day I became totally bored, and it was then that it stopped working for me? I lost two hands and walked away.

Here’s the most important advice I can ever give you about the intuitive mind power technique if used in a casino or regular gambling place.

“Never drink while you are gambling”. “Never gamble while you are drinking”. Both may be pleasant activities. But if success in gambling is your aim, then the gambling and drinking do not mix; especially if you intend to use the intuitive mind power advantage.

The reason is not because your judgment may become clouded, although it certainly may, but because **your brainwaves will not function efficiently, if** your body [chemistry](#) is not normal. Even a trace of alcohol or a drug in your body can affect your intuition.

Your Mind is a Transmitter and Receiver of Energy

Remember the human mind is both a transmitter and receiver of energy. It must be maintained in top condition to work effectively. A healthy mind works best in a healthy body. A truly healthy body is [alcohol](#)/drug free.

The human body, the human brain, the human mind, and the infinite intelligence are all interconnected. Like a giant mental hologram, a network of all that was, is, and will be.



What I had learned was that my sensing mechanism, which is nothing less than a vibration, worked on people in my vicinity. I was able to transmit a question and receive back information that worked for me. It did not work so efficiently when I was totally bored. But it worked fine if I was tired but not bored.

The message was clear.

For me, I must be fresh and work in short bursts.

From the day I discovered this, I have been working that way. My technique now is to go to the casino and to wander around for at least half an hour or so. I like my mind to become "attuned" to what it is around.

When the attuning is complete, I play roulette or two up in 20 to 30 minute bursts. I limit my winnings to \$500 or \$1000 and I leave the table at that point. I'm not greedy. Anytime I have won \$1,000 I quit for the day, and simply enjoy myself.

When doing the wandering around, I spread my mental aura of love over any table I stop near. "I sense, I receive!" and when I get good vibrations, I play. If I do not get good vibrations anywhere, I leave.

Generally, the entire procedure from arrival at the casino to leaving with my profit takes less than 2 hours, and my wife and I always enjoy a [meal](#) at the best restaurant paid for entirely from my winnings.

The Boredom Factor

This may be a personal thing for me. For you, it may be the opposite.

It may be that the technique will work when you are bored and tired and not work while you are brisk and alert. Play for a while until you feel what the best situation for you is.

One of the real secrets of the “I sense, I receive” technique is not to try too hard. Be mentally laid back. Relaxation, even if just for 5 seconds is the key.

But on that first day I decided to give it another test. The obvious place was roulette with its odds and evens, black and white, highs and lows. All 50/50 chances with the exception of the dreaded “greenie”, which should come up “about” 3 times per 100 spins. (Actually, 2.7 times) I could allow for that.

Looking at the roulette table, I decided red/black was the way to go as these colors are spaced out evenly right round the wheel. I looked at the man next to me who was recording spins. I spread a little mental love over him via our auras and he became friendly.

I found the croupier was spinning with no apparent bias.

(If you find a table where red is being spun, say 7 times out of 10 by a particular croupier; get onto red until the croupier takes a break... but that table bias or spinner bias is totally different story.)

Ok, past research told me that this spinner was not spinning to a red/black biased pattern, but rather, randomly and was ok. I put my fingers into the “Edison Position”, closed my eyes for just a second, looked into the sensing screen thinking only “I sense, I receive” and saw only blackness. I bet black and won. Lucky? Darned right I was. I believe in being lucky. I not only believe in being lucky but I believe in creating my own [luck](#). This was creative intuitive mind power luck. The best kind!

Before red came out, I saw a flash like a [camera](#) going off. Blackness, I bet black. Flash, I bet red. Again, I played for 20 minutes, bet small, and won

\$250 more, including a loss on a green. (It was a real slow table, spinning only about every 4 minutes.) Again, I got bored. I walked away.

This instinctive intuitive mind power advantage is exactly that; an intuition that gives you an advantage that few others will ever know of.

It works because you close your eyes and look “inwards” into the hologram of inner space, all based on your mental vibrations. Although you may feel no different, your [brain](#) slows down each time you do this. It even slows down if you blink.

Trust Yourself - Believe

Closing your eyes relaxes your [brain](#). Slows it, and puts you in touch with your intuitive self. In whom you must trust.



You know if you increase the odds from 50/50% to 80/20% in your favor, you've given yourself a wonderful advantage. You are not cheating.

And the great beauty is that no one knows what you are doing. The casino managements haven't got a clue. They do not understand for a second the influence of the mind on human actions and reactions, although they are well versed in human psychology. You are smart enough to NEVER draw attention to yourself, or you winning.

Slip, those winning chips into your pocket. Don't ever have them piled up on the table in front of you.

Understanding the Trigger Technique

The Trigger Stage 1

The trigger is what I call “The Golf Ball technique” or the “Edison Position”, where you hold an imaginary golf ball between the thumb and first two fingers of either [hand](#). Right handed if you are right and vice versa.

Do these as many times a day until you develop a mental trigger.

Use a real [golf](#) ball, if you wish to feel a physical presence to create a mental influence that your mind will remember. Do it often: It is a physical trigger that your mind will recognize. After a while, whenever you adopt this finger position, your mind will automatically slip into the “*I sense, I receive*” mode.

If you are unfamiliar with mind powers and ESP, then remember the story of the lady who met the late genius jazz trumpet player, Louis Armstrong, at Kings Cross Station in London.

“Tell me, my good man”, she burred “How does one get to Albert Hall?”

“With a grin the great Louis said: “Practice my dear lady, practice”.

Never forget the trigger. You couldn’t ride a bicycle the first time you tried. You probably couldn’t stand up on a skateboard at your first attempt, and you don’t become an expert card counter the first time you learn the technique and watch a shoe being delivered.

Effortless effort is what you need to complete the “I sense, I receive!” sequence. It is a relaxed easygoing sort of technique that is truly effortless effort, and effortless effort is only achieved by practice.

You may go for a period of 10 years without riding a [bicycle](#). But get back on board and what you have learned has never been forgotten. You ride away with practiced ease as though you had been doing it every day. That’s effortless effort.

When my tiny children were learning how to say elephant, they had a wonderful time doing it.

They said everything from “antiful” to “heffalump”. But once learned, the word elephant became part of their consciousness for as long as they will live. The days of trying to say it right are soon forgotten.

So, do not be disappointed if you fail to “sense/receive” at your first attempt. My guess would be you are too tense. Instead, remember Louis Armstrong’s advice and keep on practicing, until you do it with effortless effort, and achieve success almost every time.

The Trigger Stage 2

Close your eyes, direct your eyes upward and visualize a “mental screen” either on the inside of your eyelids or half a meter in front of you, and in line with the top of your forehead. I personally use an area that is indefinable. If I want a “big screen” experience, I will visualize a huge [movie](#) screen floating just in front of my forehead and slightly higher. If I just want a simple quick answer such as yes or no, I look at the top of my eyelids mentally and from the inside.

The very act of closing your eyes slows down your brainwaves and puts you into alpha. By using the trigger with your fingers, and practicing the whole technique regularly, you will go into “creative alpha”, and will activate the transmitter and receiver of your mind in exactly the way you wish.

All you are really doing is working with natural [energy](#), using vibrations and powers that are your birthright.

The Trigger Stage 3

Relax. Take a deep breath if you wish. Kind of a sigh! Deep breathing with closed eyes is always relaxing. As you breathe in you may use mini trigger by “thinking” the word “relax”. That’s all; just think it as you breathe. Ask the universe for permission to use the technique. Assume an affirmative reply.

The Trigger Stage 4

Direct your intelligence and feel the [love](#) around you, and mentally communicate with your subconscious mind as you think the words "I sense, I receive" You already know what the question is, is it red or black? Is it odd or even? Is this man telling the truth? Is my partner really cheating on me? Is this a good situation? Shall I place this bet? Or whatever, then "listen" or "visualize" or "feel" for a reply.

"I sense" is your mental transmitter and "I receive" is your mental receiver. Your question goes out with the former and the answer comes back with the latter.

Oh yes! If I get an indication that a man will NOT throw heads and I bet against him and he spins one head, I do not change direction. These days I take the cautious approach and play to break even. I play \$50, lose: \$100, lose: \$150, win: break even.

Remember, this [plan](#) works for you just as well if you are a \$5 bettor or a big player. But stay cool. Be relaxed. Stay with the games where your chances of winning are almost evens. Two up and Roulette!

The Trigger Stage 5

"Look", "Listen", "Feel" or "Sense" a reply and learn to interpret the symbols you receive on your sensing screen.

The Trigger Stage 6

Act on your response. Without action, you have nothing.

ESP and ESR

Remember the **sense** in ESP. Extra **Sensory** Perception. You have 5 regular senses. Also extra sensory **projection** and don't forget ESR (Extra Sensory Reception). Visualize your mind as a transmitting and receiving station for metaphysical senses. For that's what our mind is. A transmitter and a receiver of energy!

In the world of radio and television, a transmitter simply takes the intelligence it has to transmit, whether that intelligence is a speech, music, [data](#) or pictures and transforms the intelligence into vibrations. The vibrations are transmitted in a form that is unrecognizable to the regular senses, electronic vibrations. Even as you read this you are surrounded by radio and TV “vibrations” that you cannot see, hear, feel or sense by any regular method.

You have to use a radio or TV receiver to take a part of those vibrations, and tune into the intelligence that is in them. You actually get rid of the vibrations that carried the signals and reproduce the intelligent vibrations that you wish to receive. Data, music, speech or whatever, and you then are able to understand what it was that went into the transmitter in the first instance.

If you want to watch channel 9, you will never see it by looking at channel 7. Oh yes, 9 is there all the time but you are not “tuned in” to the correct vibration.

If you are tuned into ethnic television and you really want commercial channels, you have to change the tuning.

If the mind of a person you wish to communicate with subliminally is radiating information and your receiver is not tune with him, you will never read his information EVEN THOUGH IT IS THERE ALL THE TIME.

The intuitive mind [power](#) advantage works on this exact same principle. If you are not tuned in to the correct frequency, you will not sense the

vibration. By transmitting, you put your mind on the right frequency to receive and in an instant, it all happens.

By following the trigger stages 1 to 5, you will be tuned in and you will receive the vibration, the intuition that you wish to receive.

But if you work too hard at it, it will not work. Only by being relaxed and using effortless effort will it work for you.

Two Questions

I told a friend about this whole program and asked him if he had any questions.

He only had two:

- 1) "What if I don't get an answer?"
- 2) "What if I am wrong?"

Excellent questions as both of these things will inevitably happen sometimes. There is no such thing as perfection. There is no such thing as infallibility. There is no such thing as being right every time. There is no guarantee that you will interpret the answer correctly.

I am a futures index [trader](#). You know what indexes are. The Dow ones in USA, The FTSE in UK, The Dax in Germany etc. My plan makes be wrong about 3 times in 10. Or right 7 times out of 10. A lot of traders think this is an extraordinarily high win strike rate. For information about this please email me: Michael S. Johnson info@michaelsjohnson.com

Back to being wrong with intuition.

I can do the entire exercise in 3 to 5 seconds and get an answer. Anyone watching would see me close my eyes and take a deep breath. Nothing unusual about that, except that I am communicating with the unknown, asking for guidance, believing I will get it, and getting it; sometimes being wrong.

I am not 100% accurate. But I do find that, by being patient and "attuning" myself to the casino for a while before betting, and even leaving without [betting](#) if I don't feel the right vibrations. I have increased the odds away from the house and into my favor enormously.

The house advantage is often only between 2% and 9% depending on what [game](#) or machine you are playing. So you do not have to get a huge advantage to be a winner, all you have to do is get an advantage that favors you.

At times I know I am wrong. At such times I can either reverse my decision **OR**, much better, walk away. ESP can sometimes be elusive. But when it is working for you, make the most of it.

You may be tired and irritable after a hard day's work. At such a time your relaxation level may be totally unsuited to such a task as using alpha creatively.

On another occasion, you may have just won some money and might be in a celebratory mood. Such mood may make you relax more than normal, and the technique may work far better on this occasion.

But if you practice, and keep on practicing, your accuracy will get better and better. Just like riding that bike. Impossible until you can do it, then easier and easier forever. Until you do it with effortless effort.

Do Not Chase Money

Never ever chase money if having a series of losses. Accept your loss and walk away.

The Crossword Puzzle Technique

Have you ever done a crossword puzzle? You probably have. Most people have at some time. It is an excellent form of [memory](#) training as you learn how to interpret data and remove from your subconscious mind information that you have stored there.

You’ve probably got to the stage where you spent hours thinking out solutions, before giving up for the day and going to bed.

Now, isn’t it amazing that if you return to the puzzle the next morning you are “suddenly” able to do a little more? Those questions that were so “impossible” last night are possible today. Those questions that you thought you would never get right suddenly pop out of nowhere and you do a few more squares.

If you are again unable to complete on this second occasion, the puzzle can once more be put away, then returned to later, when a further set of clue considerations give further answers.

This is also how mind powers work. If you are totally unused to using your mind intuitively, and even skeptical of whether your mind will work for you, in the ways I have mentioned, I recommend that you start doing jig saw puzzles as a way to *sharpen your intuition*.

You are a part of the universe. You have the right to be here. Your birthright is success. It is your right to use whatever information you discover in any way you wish. You are a hologram of the entire universe and have the right to receive information from sources known and unknown, whether by physical means or by intuition.

Summary of the Intuitive Advantage

The Trigger Stage 1

Hold your hands, (or hand) fingers pointing upward as though holding an imaginary golf ball between your fingertips, or in the palm of your hand. Think success.

Do this many times a day until you have developed a mental trigger. Three fingers, success.

The Trigger Stage 2

Each time you trigger your fingers, close your eyes, direct your eyes upwards and visualize a "mental screen", either on the inside of your eyelids or half a meter in front of you and in line with your forehead.

The Trigger Stage 3

Relax. Take a deep breath if you wish. Deep [breathing](#) is always relaxing. As you breathe in you may use a second trigger word by "thinking" the word "relax", that's all, just think it. Think the word "[love](#)" and **ask** the universe for permission to tap into the source of all knowledge.

The Trigger Stage 4

Direct your intelligence and mentally communicate from your conscious mind as you think the words "I sense, I receive!" You already know what the question is: Is it red or black? Is it odd or even? Is this man telling the truth or whatever?

The Trigger Stage 5

Then "listen" for a reply. "Look", "listen", "feel" or "sense" a reply and learn to interpret the symbols you receive on your sensing screen.

The Trigger Stage 6

Act. Without action you have nothing.

Important Note 1

I have found that when using ESP, my mental pendulum and other techniques for [gambling](#) purposes, things work better when I am not greedy.

This is why I talk to the universe before I begin a session. I put my fingers in the “Edison Position”, close my eyes, and ask the universe for the permission to use my ESP to make my life better.

I never go out to win more than \$1,000. Most times I am happy with \$500, or \$100 so my wife and I can “enjoy” the best meal in the house.

I repeat the “ask permission” exercise in reverse after I have finished and I thank the universe for allowing me to use my ESP in such a way. This is most important.

Important Note 2

Do not make yourself known in the casino. I taught a semi friend/acquaintance how to count cards for blackjack a few years ago. He used the basic approach “When it’s low, don’t go” and “when it’s high, reach for the sky” together with basic count and became so efficient he felt he was “king of the casino”. Regrettably, one day, after a big win, he was heard to say that a croupier who made a dealing error was “brain dead”.

Casino management told him he was permanently barred from the casino for using offensive and insulting [language](#) to a croupier. He was escorted from the casino and told never to return.

It was partly his stupidity in being rude that had him barred. Mostly it was his arrogance in allowing himself to be “known” as a consistent big winner.

Important Note 3

A recent newspaper article was titled “Card Sharps Banned”. A gang of cardsharps has been banned from the Sydney Harbor Casino, after pocketing \$400,000.

The 10-member card counting syndicate worked the blackjack tables for two weeks and was banned after surveillance by casino security personnel.

Although banned, they do get to keep their winnings.

The article went on to say, that Casino management was tipped off recently by Melbourne’s Crown Casino and Jupiter’s on the Gold Coast, that the card counting ring could be making its way from interstate. They had already been banned from both of these Casinos.

Card counting is legal but gamblers who practice are required to play from the beginning of each deck and sometimes to [bet](#) at the minimum limit.

Card counters generally wait until the deck has been depleted, when they are more certain of the cards to come, before placing their bet. The gang broke the rules by having one person memorize the deck up to a point, using hand signals to convey information to a nearby companion. The companion would then replace the first player, placing large bets armed with the knowledge of which cards were to come.

Anonymity Pays

Hey, hey. If the casinos are paranoid about card counters, and they are, imagine how they will be about winners, who use their psychic powers? They will go bananas. **So, be an unknown.** Be a person who goes to the casino once a week and walks away with a neat little reward. Don't brag about your powers. Don't attract attention to yourself. Don't try to win a couple of hundred thousand dollars. As soon as you get into that league, you'll draw attention to yourself; they will find a way to ban you just like my pupil who was rude to a croupier.

I always find it surprising that casinos do their best to get high rollers into the casinos and does everything in their power to have these big players play as much as possible, (and lose as much as possible). The casinos that play mathematical percentages can take their hundreds of thousands off the high rollers, and keep them. But if a card counter comes in and makes regular [income](#), they will ban him and the real reason is because he is winning too much.

That's fair? No it's not. But they are the rules we must play by. If things are not really fair? If the advantages are stacked in favor of the house, and they always are, don't fall overboard by rocking the boat. Play Cool. Play quietly and you will have the neatest quietest form of income ever devised and you will have it for [life](#). It is far, far better to collect \$1,000 a week and be anonymous, than to have a huge win and get the royal order of the boot!

The casino may well know that you are a small winner. But they won't bother you if you are a happy smiler.

Look at the Mathematics

If 10,000 people a day visit a casino and the “average” loss to the casino is \$45.00. (It’s usually much more) That’s \$450,000.00 to the casino or \$3.15 million a week. Now, they aren’t going to get upset if half a dozen players walk away twice a week with \$500.00 to \$1,000.00 or even if they do it twice in a single visit. But they will know.

Every chip at every table is accounted for. They know who wins and who loses. They know which tables lose and what time they lose. They have surveillance cameras that they can look at any time, as well as people watching the tables from overhead at all times. They are in the serious business of winning money. SO ARE YOU. So be smart. Play it cool and you can keep on keeping on doing what you like doing best, winning.

Bet quietly. Bet discreetly. Make your \$500 or \$1,000. Enjoy a little of the casino’s hospitality, and leave quietly without bragging or drawing attention to yourself. If you so much as become known as a winner to the people around you, you will attract followers. If this happens, leave the table immediately. Better still leave the casino. Don’t get banned. Being allowed to play continually is just as important to your future, as using the intuitive mind power advantage technique. No point in having a technique if you aren’t allowed to use it.

An After Note

Sometimes the “I sense, I receive” will work when you least expect it to. I suspect that I have my sensing mechanism so finely tuned for so long that it was switched on all the time.

One day, I was sitting in a coffee shop, talking to a person that I knew only a little. We met on the street and decided to have a coffee. The discussion was about how many wars are being waged in the world at any one time, and if this figure is higher or lower than it was 50 years ago. Without realizing, I was *sensing* him; I asked him “How come you got shot in the leg?”

Well, he went as white as Caspar the ghost, and said “How do you know about that?”

“Don’t be alarmed”. I said. “I’ve trained myself to have a little psychic awareness and I guess the subject we were talking about brought a thought of your wound to your mind and I simply read that thought”.

“Well, I don’t like people [reading](#) my mind”, he snarled, got up and walked away.

Now, I’ve seen this acquaintance several times since then. He won’t speak to me. He won’t have a coffee with me, or a discussion. Pity that, as I enjoyed his company.

His reaction is simple. He doesn’t trust what he doesn’t understand. His mind, on this subject, is a small closed box. He is not prepared to suspend his disbelief and broaden the size of his [box](#). So, he remains what he is, and will always remain so.

People distrust things that they do not understand.

Jesus used [healing](#) and love powers for the benefit of all around him. Those who didn’t understand him brought about his downfall. You see, people feel threatened by things they do not understand and may react, sometimes in the most vicious ways.

Through the ages, witches and warlocks and others branded with these names have been put to death, simply because, in many cases, they have used natural powers, and these powers have been misinterpreted by lesser people who chose not to understand. People who decided a mob mentality was preferable to a civilized mentality.

What One Person Can Do, All People Can Do

When you have developed your powers, and you can do this now, for you have access to the most wonderful technique available to humanity, don't do a lot of bragging. Just keep your own counsel, and know that you are homo noeticus, new age man, 21st century man. Understand that what one person can do, all people can do. You simply learned to do it sooner. You are homo noeticus, the new age man. You have an intuitive mind power advantage the rest of humanity will never suspect. Use it well.

Lastly, my personal wish to you: I've given you the power, now:

Live Long and Prosper

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